



Mental Health Support

IIT (BHU) Varanasi regularly updates a list of empaneled hospitals, some of which provide comprehensive mental health care services, including information and education initiatives. Additionally, these hospitals offer outpatient and inpatient medical facilities to employees and pensioners of the institute on a cashless basis, following the existing Central Government Health Scheme (CGHS) norms.

IIT (BHU) offers Student/Staff counseling service in the institute to support them with the name “**SAKHA**”.

The Student Counseling Services, IIT (BHU), Varanasi, is an institute-level faculty-student body consisting of a team of 10 faculty members and 140+ students. It aims towards the holistic development of students as a SAKHA (Friend in Campus) by conducting guest talks, activities, and counseling sessions under various councils related to wellness, academics, career, skills, and international exchange. It has conducted 200+ sessions and 3000+ counseling sessions, benefitting over 8000 students on campus.

SCS has dedicated committees of faculty members.

SCS Councils: The Student Counselling Services consists of five councils, each with their specialization:

- **Wellness Council:** It aims to ensure the physical, mental, and emotional well-being of students. It works in collaboration with the on-campus counsellor and the institute wellness partner. It has conducted 3000+ individual and 20+ group counselling sessions helping 3000+ students.
- **Academics Council:** It endeavors to help students perform well academically by assisting them with study tips, accessible study materials, and guidance through remedial classes. It also aims to create awareness regarding research programs in India and competitive exams such as CAT, GATE, TOEFL etc.
- **Career Council:** It aims to create awareness about different career paths and facilitate students with career selection, preparation, resources and mock interviews. It leads the flagship initiatives like Encore, Acing Internships and Acing Placements, ensuring equal and accessible guidance to every student.
- **Skill Development Council:** It aims to equip students with the necessary hard and soft skills that are required for different career opportunities. It helps students in their personality development by enabling them to explore their hobbies and interests. It majorly focuses on communication and leadership skills, and hard skills such as coding, designing, writing etc.



- **International Exchange Council:** It aspires to establish international exchange programs in IIT (BHU) and facilitate students who aspire to do foreign internships in research and other domains by providing them with the necessary guidance and Resources.

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Know more about us here. <https://scs-iitbhu.notion.site/>

Institute also has agreements with different hospitals to provide around the clock health facilities.

Both OPD & IPD on cashless basis			
Srl. No.	Hospital Name	Address	Validity upto
1.	Heritage Hospitals	Lanka, Varanasi	31.07.2025
2.	Oriana Hospital	Ravindrapuri Extension, Varanasi	31.07.2025
3.	Galaxy Hospital	Mahmoorganj, Varanasi	31.07.2025
4.	Apex Hospital	BLW-Hydel Road, Varanasi- 221004	31.07.2025
5.	Agrim Hospital	Ravindrapuri Extension, Varanasi	31.07.2025
6.	Heritage Institute of Medical Science (HIMS)	NH-2, G.T.Road Bypass, Bhadwar, Varanasi	31.07.2025
7.	Netrodaya - The Eye City	Near Daffi Toll Plaza, NH-2, Varanasi	31.07.2025



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8.	Chandra Eye Care	Lanka, Varanasi	31.07.2025
9.	Mahamana Pandit Madan Mohan Malviya Cancer Centre	Sundarpur, Varanasi	31.07.2025
10.	Homi Bhabha Cancer Hospital	Shivpurwa, Varanasi	31.07.2025
11.	Karauli Diagnostic	a. Near Sankat Mochan Temple, Varanasi b. Virat MS Commercial Complex, Manduadih, BLW Road, Varanasi c. Sikraul, Gilat Bazar, Varanasi d. Pishachmochan, Maldahiya, Varanasi	31.07.2025
IPD cashless & OPD on cash payment basis			
12.	Shubham Hospital	Khajuri, Varanasi	31.07.2025
13.	Kids Care Multi Speciality Hospital	Kabir Nagar, Durga Kund, Varanasi	31.07.2025



On cash payment basis			
14.	Indian Spinal Injuries Centre	Vasant Kunj, New Delhi	31.07.2025
15.	Artemis Hospital	Sector-51, Gurugram, Haryana	31.07.2025

https://iitbhu.ac.in/contents/institute/2024/notification/noti_mrc_7339.pdf

Courses on Human Values, Ethics and Conduct

Besides various courses such as Universal Human Values (H-101), Education and Self (H-106), Understanding Interpersonal Dynamics (MME-304), Universal Human Conduct (HVE-315), Ethics and Holistic Life (HVE-311), Values and Ethics (HVE-310), Advance Course in Peace Research (SL-318) are floated by the Department of Humanistic studies, which are part of the academic curriculum for the students. These courses cover the various aspects of life to support the mental health of students.

<https://iitbhu.ac.in/dept/hss/courses>



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